

The FACTS about ABORTION



Abortion will NOT set you free.

While one may feel initial relief after an abortion, grief follows at some point. Visit [SilentNoMoreAwareness.org/testimonies](https://www.silentnomoreawareness.org/testimonies) and hear from those who have personally dealt with the emotional, physical & spiritual harm it causes.

A baby in the womb is NOT just a blob of cells.

A baby's heart starts beating just 3 weeks after conception! 90% of a person's development happens in the womb. See [LIFE in the WOMB](#)

Abortion is NOT safer than childbirth.

Abortion is 4 times deadlier to mothers than childbirth and carries serious risks, like injury to the uterus, heavy bleeding and infection. See [AbortionProcedures.com](#)

A High-Risk pregnancy does NOT have to end in abortion.

Get a second opinion. See [Aaplog.org](#)

Inaccurate Prenatal Screening Tests can lead to the abortion of a healthy baby.

There is a HIGH false-positive rate. Get a follow-up test. If accurate, there is help to deal with a difficult diagnosis with love and dignity. See

[BeNotAfraid.net](#)

[PrenatalPartnersForLife.org](#)

Planning to take the Abortion Pill?

Before you do, know the dangers:

•Severe Bleeding •Severe Pain •Infection •Death

Is this something you really want to face alone in your home? See [AbortionPillRisks.org](#)

Did you JUST take the Abortion Pill?

...and regret it? There's a *good* chance your baby can survive. **Don't take the second pill.** Call 877-558-0333 or 412-687-7767 **right away** or see [AbortionPillReversal.com](#)

Pregnant?

You're *not* alone. We can help.

Choices Pregnancy Services**

Pittsburgh, Coraopolis & Monaca

PregnancyChoice.org 412-785-7156

Mobile Clinic 412-248-7353

Women's Choice Network**

Oakland, Monroeville & North Side

ImissedMyPeriod.com 412-687-7767

The Women's Clinic** *South Hills*

TheWomens.Clinic 724-241-3317

** FREE Pregnancy, Ultrasound & STI Testing and Pregnancy Counseling at these locations

Birthright of Pittsburgh *Oakland*

BirthrightPittsburgh.org 412-621-1988

Free pregnancy tests, resources & ongoing support

Catholic Charities *Downtown*

Ccpgh.org 412-456-6999

Genesis of Pittsburgh *Bellevue*

GenesisPgh.org 412-766-5212

National Helplines

OptionLine.org 800-712-4357

Call or text for free help near you

PregnancyDecisionLine.org 866-739-1499

TeenBreaks.com

College Students

Find Pregnancy & Parenting resources on YOUR campus. [StandingWithYou.org](#)

Need Medical Care?

Allegheny County Outreach/ 412-325-6744

Catholic Charities of Pittsburgh or 412-456-6911

212 Ninth St., Pittsburgh

ccpgh.org

(pcuc.org 2/2022)

Free Local Resources For Women



Empowering
Life Affirming
Fulfilling

LIFE in the WOMB

3 Weeks
(after conception)

The heart is pumping blood and the eyes, ears and nose start to develop.

4 Weeks

Foundations of the brain, spinal cord and nervous system are already established. The basic structures of the baby have begun to develop.

8 Weeks

Brain waves can be detected and PAIN can be felt. Teeth and taste buds form. The baby sometimes hiccups and is about 1 ½ inch long. Fingers & toes are developing.



12 Weeks

Fingerprints are evident & never change. The baby is now about 2 inches long, sleeps & is very active. The heartbeat may be heard by ultrasound and the gender can be determined. All the body systems are working.



16 Weeks

The baby is about 8 inches long and weighs about ½ pound. The eyes blink; facial features are distinct & fingers & toes are clearly developed. The baby hears the mom's heartbeat and external music.



See more of this amazing journey at LozierInstitute.org/voyage

If you're pregnant and believe that abortion is your best or only choice, ask to SEE & HEAR your ULTRASOUND. And then consider another plan, like choosing a future home for your child. See BraveLove.org/get_help or Genesispgh.org

Local Services for MOMS in NEED

Child Care & Family Support:

Angels' Place/AngelsPlacePgh.org - assists low-income students who are single parents

North Side

412-321-4447

Swissvale

412-271-2229

Material & Nutritional Support:

Food Bank 412-460-3663

OffTheFloorPgh.org (used furniture)

WIC Program/pawic.com (nutrition) 412-350-5801

Welcome, Little One (diapers, clothes) 412-391-6862

WPaDiaperBank.org (diapers) 412-373-3074

Housing for Pregnant or New Moms:

Mary's Place (Mt. Lebanon) 412-207-8805

Genesis House (Bellevue) 412-766-2693

Teen Mom Support:

Young Lives offers help and hope for a bright future.

See YoungLife.org or

YoungLivesPittsburgh.YoungLife.org

The Truth about BIRTH CONTROL

- There are many types of birth control, but **none of them is 100% effective in preventing pregnancy & Sexually Transmitted Infections.**

- Some can cause extreme side effects, such as blood clots and stroke, and lead to risk of breast or cervical cancer.

- Treat yourself with love, dignity and respect – **wait for marriage before you have sex.** Check out Abstinence.net

- **Natural Family Planning** is a safe, natural and effective way for married couples to avoid or achieve pregnancy. No harmful chemicals or devices are required! See FertilityCare.org

Post Abortion HEALING



Nothing can prepare a woman for the conflicting feelings of relief and loss she will feel after an abortion. For some, the pain is clear and immediate. For others, it emerges over time.

Abortion is a secret that women often keep from those closest to them; if that secret isn't addressed, it can manifest in harmful ways.

Help from compassionate counselors is just a phone call or click away.

RachelsVineyard.org 877-467-3463

GoDeeperStill.org 724-972-3431

Breathe/BrokenVesselsGroup.com
(ext. 205) 412-687-7767

SuicidePreventionLifeline.org
800-273-8255

National Helpline for Abortion Recovery:
866-721-7781

SupportAfterAbortion.com
844-289-4673

SAFE HAVEN for NEWBORNS

A scared new mom without support does not have to abandon her baby but can safely and secretly place the unharmed infant in good hands.

SecretSafe.org (in Pennsylvania) 866-921-7233
aSafeHavenForNewborns.com 844-767-2229